



JoJo's Natural Market

Largest Selection of Nutritional Supplements in Northern Michigan

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HAPPY 4TH OF JULY

Better Bug Repellents

Insect repellents are essential in summer for warding off mosquitoes, ticks, and other biting pests. But many conventional products rely on toxic substances- particularly DEET - which can cause health problems.

Although repellents made with herbs and essential oils tend to work for shorter periods of time, they're safer than DEET and can be just as effective.

We carry locally made Woods Botanicals Insect repellent or you can make your own with citronella, cedar, lemongrass, lemon-eucalyptus, tea tree and rosemary to a vegetable oil.

Happy 4th of July!!



It's Watermelon Season!

Nothing is more refreshing than a cold slice of watermelon on a summer day. But did you know how good the melon is for your health?

The tasty fruit offers these benefits:

- * It's rich in lycopene, which can help protect your skin from harmful UV rays.
- * The amino acid citrulline in the melon can help maintain proper flow of blood.
- * Watermelon has no fat or cholesterol, and a two-cup serving has only 80 calories.
- *The fruit is rich in fiber.



We carry all the mentioned essential oils and NOW brand is on sale this month!



20% Off entire line

Register for door prizes, food samples. Celebrate Now with us all month long